



**Funding in 2007
and
Program Outcomes
for Community Partners**

Executive Summary

Submitted to the St. David's Community Health Foundation Board
August 25, 2008

The following report provides highlights of programs receiving grants from St. David's Community Health Foundation for 2007. The report contains proprietary and confidential information about the agencies that receive funding. As a condition of funding, all agencies are required to submit quarterly reports to St. David's Community Health Foundation. Directors and staff members of the agencies provided additional information and documentation upon request.

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Summary of Community Investments in 2007

Introduction

The vision of St. David's Community Health Foundation is to keep the promise of a better life by improving health and health care for all Central Texans. Our mission is to work with commitment, integrity, and respect to achieve that vision in our hospitals, programs, and community partnerships. More than \$60 million each year is devoted to hospital care in the St. David's hospitals and school-based care in mobile dental clinics. The Foundation makes supporting grants to many community agencies, including mental health agencies, agencies serving the elderly, ill, and homeless, and many of the area's private safety net clinics. The Foundation also researches innovative solutions to health-care issues and participates in many community-wide collaborations.

This document provides both an overview of funding priorities and the success outcomes of the community partnerships we have forged with both grants and research — partnerships that hold the key to the promise that St. David's Community Health Foundation strives each day to keep.

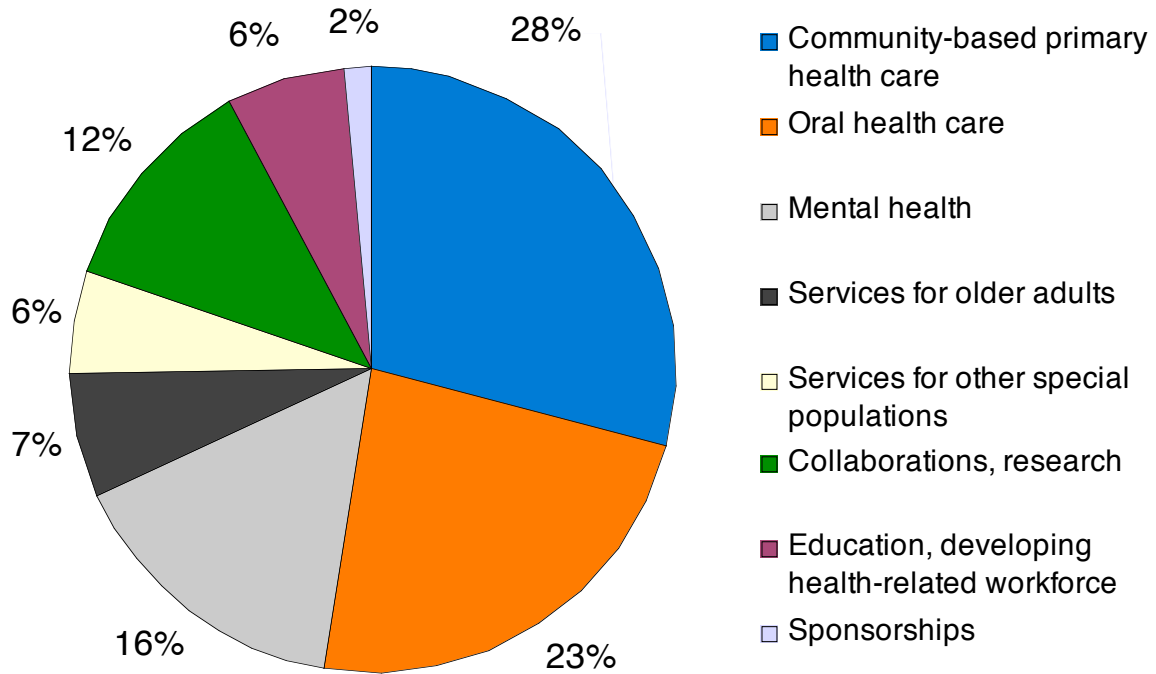
Funding Priorities

In 2007, St. David's Community Health Foundation funded projects in seven program areas:

- Community-based primary health care
- Oral health care
- Mental health
- Support services for older adults
- Support services for other special populations
- Collaborations and community-based research and evaluation
- Education and developing the health-related workforce

The majority of funding went toward community-based primary health care (28%) and oral health care (23%). About 16 percent went toward mental health; 13 percent funded support services for older adults and other special populations. The remaining 19 percent supported community-based health research and collaborations, education and health-related workforce development, and sponsorships (**Figure 1**).

Figure 1. SDCHF Investments in 2007



In 2007, St. David’s Community Health Foundation strategically invested almost \$9 million in Central Texas. Grants to 62 nonprofit programs and collaborations totaled \$6,981,903. The SDCHF Leadership Dental Program received \$1,816,040 (Table 1). In 2007, all grant periods were one year. Awards ranged from \$2,500 to \$1,444,556. The median award in 2007 equaled \$50,000; the mean, or average, was \$112,611.

Types of Grants

To meet its goals, the Foundation offers three types of grants: Health Access, Innovation, and Capacity Building.

Health Access

Health Access grants promote access to primary health care and related services. These grants can be used for general operating costs or specific programs and are intended to assist successful organizations in achieving lasting, positive change in the community's health. Amounts awarded vary widely and depend on the scope of the project. Forty-three nonprofit programs or organizations received a "health access" grant in 2007.

Innovation

Innovation grants are intended to encourage innovative, entrepreneurial solutions to unmet needs in the community. These one-time awards can be up to \$20,000. Funds can be used for start-up activities of new programs or organizations; replication, adaptation, or new development of evidence-based program models; organizing and coalition building; conferences that focus on innovative ideas or programs; or other initiatives. Brand-new programs or pilots will receive highest priority. In 2007, Project Lifesaver of Travis County, Breast Cancer Services, and Cancer Connection received funding for innovative projects.

Capacity Building

Capacity Building grants are intended to improve organizational infrastructure among nonprofit agencies in Central Texas. These grants can support the development of strategies, systems, structures, and skills that will lead to better management, governance, and leadership. In 2007, several organizations benefited from St. David's support. The Alliance for African American Health received consulting services through Greenlights for Nonprofit Success. The Mothers' Milk Bank at Austin received funding to hire a Development Director and create a strategic plan, and 30 nonprofit organizations in Central Texas participated in a 4-day strategic management retreat led by the RGK Center for Philanthropy and Community Service.

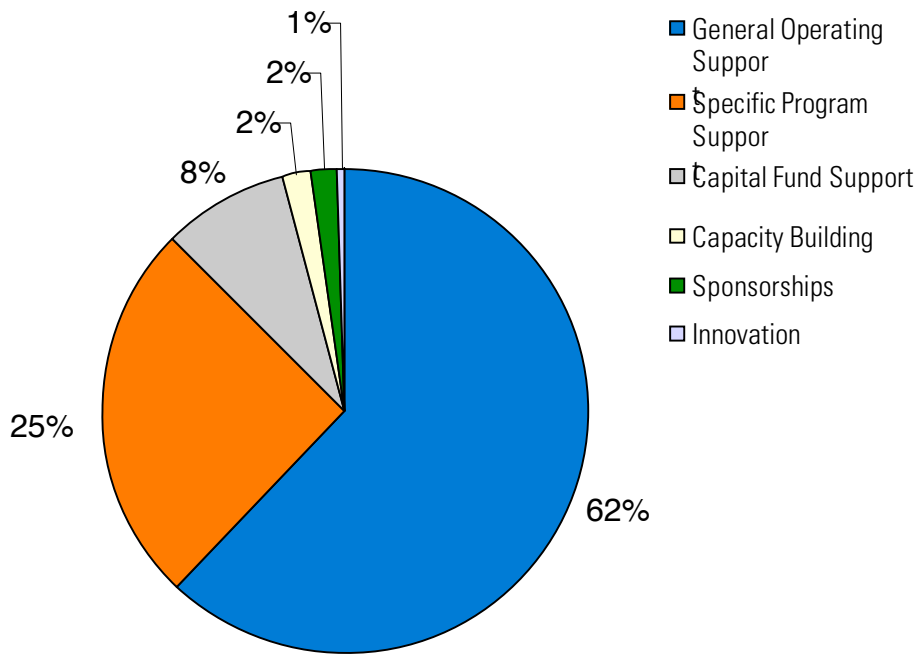
Types of Support

Through the three types of grants, the Foundation offers several types of support:

- General operating costs such as salaries, consultant fees, project supplies, clinical services
- Projects in non-profit organizations and public schools, colleges and universities
- Direct project expenses, including equipment deemed essential to the project, project-related travel
- Research and evaluation projects and policy analysis
- Capacity building, including professional development and training, technical assistance
- Capital fund support, when the projects will significantly increase an agency's capacity to provide services

The majority of grants (62%) in 2007 supported general operating costs (**Figure 2**). Twenty-five percent went toward specific program support. Capital Fund Support accounted for 8 percent of the budget. Austin Children's Shelter, Austin Recovery, Family Eldercare, Texas State University School of Nursing, and Volunteer Healthcare Clinic received funding to expand or build new offices.

Figure 2. Type of Support for SDCHF Funding in 2007



Program Areas

For 2007, the Foundation can claim significant contributions to increasing Central Texans' access to physical, oral, and mental health care. It can also take credit for enhancing support services for older adults, pregnant and parenting teens, children with disabilities, and people with serious illness and their families. Central Texas can also benefit from the Foundation's investment in community-based health research and collaborations that strengthen the non-profit sector and improve service delivery. Other community benefit will derive from the Foundation's investment in educational opportunities for people who want to pursue careers in the health field, especially nursing.

Health-Care Clinics

St. David's Community Health Foundation has long recognized the unmet need for primary health care, and since 1999 has provided substantial support to local clinics. The Foundation's partner clinics in 2007 included El Buen Samaritano, Lone Star Circle of Care (LSCC), People's Community Clinic, Samaritan Health Ministries (SHM), Volunteer Healthcare Clinic, and the University of Texas School of Nursing's Children's Wellness Center (CWC) and Family Wellness Center (FWC). Johns Community Hospital in Taylor received funds from the Rock 'n Doc Gala and a matching grant from the Foundation. All clinics provided much-needed primary health care, education, and counseling services to people with low incomes.

Table 2 describes some of the primary health-care services provided by our partner clinics from 2005 to 2007. Children’s Wellness Center, People’s, LSCC, and El Buen provided 3,660 social work visits in 2007. Staff at these clinics screen children for health care coverage and offer information and referral to patients for their non-medical needs.

Table 2. General Medical Services Provided By SDCHF Partner Clinics, 2005-2007			
	2005	2006	2007
Patients (sum of patients in each clinic)	24,835	37,427	39,519
Enrolled in chronic disease management program	334	758	1,595
Total visits	85,015	130,287	152,502
Visits by department			
Pediatric and adolescent primary care*	20,040	41,868	61,706
Adult primary care	13,948	34,114	40,018
Family planning	8,425	12,177	13,956
Other types of visits			
Immunization visits	15,175	22,134	22,704
Chronic disease management	1,483	2,673	3,851
Social work visits (not including group work)	1,723	2,579	3,660
Babies born to moms receiving prenatal care	998	935	1,434

In 2007, most clinics reported increases in number of visits: El Buen (65% increase), LSCC (19%), Samaritan (8%), and People’s (2%). Comparison was not feasible for Children’s Wellness Center, and the Family Wellness Center opened in 2007. **Table 3** shows visits and patients at each clinic. Lone Star Circle of Care accounted for half of all visits provided by the Foundation's partner clinics.

Table 3. Patients Served and Visits Provided At SDCHF Partner Clinics, 2007				
	Visits		Patients	
	N	%	N	%
LSCC Clinics	76,039	50%	21,340	54%
People's Community Clinic	47,932	31%	9,280	23%
El Buen Samaritano	12,057	8%	2,976	8%
UT Children's Wellness Center	9,174	6%	1,917	5%
Volunteer Health Clinic	4,456	3%	2,789	7%
Samaritan Health Ministries	2,287	1%	852	2%
UT Family Wellness Center	557	-	365	1%
Total	152,502	100%	39,519	100%
<i>- Less than .5 percent</i>				

Table 4 shows the percentage of patients by race/ethnicity in the safety-net clinics supported by the Foundation in 2007. Hispanics made up the majority of patients.

Table 4. Race/Ethnicity Among Patients at Partner Clinics, 2007							
	El Buen	LSCC	People's	SHM	UT-CWC	UT-FWC	Volunteer
Hispanic	95%	45%	74%	56%	75%	55%	86%
White	3%	26%	14%	24%	19%	27%	6%
African American	1%	7%	9%	6%	5%	10%	4%
Other	1%	1%	3%	12%	-	5%	3%
Unknown	-	21%	1%	2%	1%	3%	-

- Less than .5 percent

Oral Health

In 2007, the St. David's Community Health Foundation Leadership Dental Program received \$1,816,040. The St. David's Dental Program provides acute dental care services to underserved children and adults. The program brings dental services like screening, restorative and preventive care and classroom education free-of-charge directly to schools and community-based safety net clinics.

The program in 2007 served six school districts: Austin, Hays, Del Valle, Manor, Pflugerville, and Round Rock. The number of participating Title I Elementary Schools grew to 92 schools. The mobile clinics also visited eight sites serving children and adults in 2007. Through the Health Alliance for Austin Musicians, the St. David's Dental Program provided 727 dental visits to 434 patients.

In total, the St. David's Dental Program treated **6,914 patients**. Almost 19,000 people received oral health education.

The Foundation also supported Lone Star Circle of Care's Georgetown Dental Clinic in its move to a new location. Lone Star Circle of Care is the dental safety net for Williamson County. It is the only organization in the area providing dental care for the uninsured population on a full-time basis, and the only provider readily accepting new Medicaid children for ongoing, routine dental care. LSCC's dental care components include exams, x-rays, cleanings, fillings, root canals, and extractions.

Mental Health

In 2007, the Foundation supported 19 agencies that provide mental health services for Central Texans. Because the integration of mental and physical health is one of the Foundation's priorities, a significant portion of mental health funding was devoted toward integrated behavioral and mental health at People's Community Clinic and Lone Star Circle of Care-Georgetown Clinic. Breakthrough, Communities in Schools-Central Texas, Family Crisis Center, the Interagency Support Council of East Williamson County, and Leander Independent School District provided school-based services, and others such as Austin Child Guidance Center, Hays-Caldwell Women's Center, and Waterloo Counseling Center provided community-based assessment, counseling, and treatment. The Alliance for African American Health received a grant for capacity building services at Greenlights for Nonprofit Success.

Table 5 shows some of the mental health services supported by the Foundation in the grant cycle of 2006-2007 and in 2007-2008.

Table 5. Mental Health Services Provided by SDCHF Partners, 2006-2008		
	Jul 2006- Jun 2007	Jul 2007- Mar 2008
Clients (summed across agencies)		
Adults	8,044	-
Children	3,702	-
Total*	13,185	-
Services		
Individual counseling sessions or hours	53,229	48,491
Couple or group counseling sessions or hours	195	5,976
Case management hours	1,036	484
Crisis intervention hours	313	286
<i>* Total does not equal sum due to missing data.</i>		
<i>- Data will be included at end-year</i>		

Table 6 shows race/ethnicity among selected mental health partner agencies. Whites make up the majority of clients in several agencies, and Hispanics make up the majority in others.

Table 6. Race/Ethnicity Among Clients Served by Selected Partner Mental Health Agencies, 2006-2007									
	Any Baby Can	ACGC	Austin Recovery	CIS	FCC- Shape	HCWC	LISD	Samaritan Center	Waterloo
White	26%	25%	75%	22%	60%	41%	66%	70%	63%
Hispanic	62%	31%	13%	65%	24%	41%	24%	8%	12%
African American	7%	12%	9%	13%	6%	7%	5%	10%	4%
Other	5%	2%	2%	1%	10%	2%	5%	7%	21%
Unknown	-	30%	-	-	-	10%	-	5%	-
<i>- Less than .5 percent</i>									

Support Services for Older Adults and Other Special Populations

Older adults

In 2007, St. David's Community Health Foundation supported ten nonprofit organizations that focus on older adults. Austin Groups for the Elderly, Faith in Action Caregivers, Family Eldercare, Meals on Wheels and More, Round Rock Area Serving Center (RRASC), and WBCO's Meals on Wheels program provide essential services to older adults so that they can maintain their quality of life and their independence within the community. Greater Austin CARES, New Connections, and Project Lifesaver serve people with Alzheimer's Disease and their families. These organizations all belong to the Aging Services Council of Central Texas, a collaboration that led a public relations campaign on transportation options for older adults. **Table 7** describes some of the services provided to older adults in 2007 by selected SDCHF partner agencies.

Table 7. Services Provided by SDCHF Partners to Older Adults in 2005-2007

	2005	2006	2007
Services			
Meals or food assistance	656,951	757,824	877,219
One-way trips to doctor's appointments and other necessary errands	31,676	31,423	32,265
Home visits, minor home repairs, telephone reassurance calls	10,200	12,451	10,956
Primary health clinic visits	2,082	4,306	6,076
Information and referrals	2,356	2,196	5,186
Utility, rent, or prescription assistance	-	657	1,508
Health screening/assessments by Nurse Consultant	713	627	590
Nutrition counseling	223	226	252
Older Adults			
Sum of unduplicated clients across agencies providing meals, daycare, respite, legal and bill-payer services, and rides	-	7,446	9,389
Served in safety-net clinics	-	1,378	1,045
Received support services for breast cancer	-	298	452
Received mental health counseling or treatment	-	-	321
- <i>Unknown</i>			

The table also shows the number of older adults served by selected partner agencies. All of the Foundation's partner clinics, except Children's Wellness Center, provide primary health care to older adults. Breast Cancer Resource Center provided support services to 452 older women with breast cancer. SDCHF community partners providing mental health services also served many older people in Central Texas.

Table 8 describes the number and percentage of clients by race/ethnicity in partner agencies serving older adults.

Table 8. Race/Ethnicity Among Clients Served by Partners Serving Older Adults, 2007

	Elder-haven, AGE	Faith in Action	Family Eldercare*	GA CARES	Meals on Wheels**	New Connections	RRASC	WBCO-Meals
White	28%	72%	70%	93%	43%	100%	41%	72%
Hispanic	51%	10%	13%	4%	26%	-	44%	16%
African American	19%	6%	16%	1%	30%	-	11%	8%
Other	3%	2%	1%	2%	1%	-	4%	2%
Unknown	-	10%	-	-	-	-	-	2%

* Without fan drive

** Includes only clients who received meals

- Less than .5 percent

Other special populations

In 2007, St. David's Community Health Foundation made grant awards to 12 nonprofit organizations that improve or increase access to health-related services or health care among populations with specific needs. Currently, the Foundation is accepting proposals that address the health-related needs of pregnant and parenting teens, people with cancer or diabetes, or children with disabilities.

The Tandem Project received funding to provide coordinated health-care services and intensive case management to 212 young teen mothers and their children.

SDCHF supported four agencies that provide education, counseling, or other support services to people with a serious illness and their families. Breast Cancer Resource Center provided information and services to 4,523 women with breast cancer and their families. Wonders and Worries provided counseling, support groups, and other activities to almost 400 children who had a seriously ill parent. Two organizations received innovation grants to get started: Breast Cancer Services is developing a continuum of care for patients and survivors of cancer, and Cancer Connection now offers free one-on-one, long-term emotional support to cancer patients and their families.

The Foundation funded five programs that focus on children with disabilities. Austin Independent School District-Vision and Hearing Department received funding to purchase new vision screening machines and more efficiently process financial aid applications. Children’s Hearing Aid Texas received a grant to provide auditory services and hearing aids to 60 children who live in low-income households. The Community Case Manager for AISD Vision and Hearing worked closely with organizations like Children’s Hearing Aid Texas to link some 850 children to services. The Adaptive Sports Program at Youth InterActive held a Super Sports Saturday once a month for children with physical disabilities. SDCHF supports the Medical Rehabilitation Sliding Fee Scale project at Easter Seals-Central Texas, where 54 children received needed therapies at a much-reduced rate.

Austin Children's Shelter received a grant for its capital campaign, and Mothers’ Milk Bank of Austin received funds for capacity building.

Outcome Highlights for Program Areas

Women

A substantial number of women received services through all of the Foundation’s program areas in 2007. For example, women made up the majority of clients served at partner agencies serving older adults. Many girls and women also received services from the agencies offering mental health counseling and therapy. Over 4,500 women received support services for breast cancer; almost 7,000 women received family planning services. **Table 9** describes some of the services provided to women by selected SDCHF partner agencies.

Table 9. Services Provided by SDCHF Partners to Women in 2005-2007

	2005	2006	2007
Women			
Received medical services from primary health clinics*	-	-	6,738
Receiving mental health services*	-	-	6,675
Received support services for breast cancer	4,370	5,912	4,523
Received services related to pregnant and parenting teens	-	133	286
Visit and services			
Family planning visits	8,425	12,177	13,956
Prenatal visits	12,849	12,564	13,055
OB/GYN visits	-	-	9,129
Education and support services related to breast cancer	-	-	5,982
Breast cancer screening visits	67	206	142

* Total is sum of unduplicated clients across agencies

Children and Adolescents

Several of the Foundation's partner agencies directly serve children and adolescents. **Table 10** describes some of the services provided to youth.

Table 10. Services Provided by Selected SDCHF Partners to Children and Adolescents in 2005-2007

	2005	2006	2007
Services			
Pediatric and adolescent visits to primary health clinic*	20,933	29,821	52,382
Support services for pregnant and parenting teens	3,113	4,577	4,693
Dental care visits on school campuses	-	3,537	7,278
Total	24,046	37,935	64,353
Youth			
Primary care patients	13,214	19,612	19,742
Received oral health education	-	9,446	15,957
Dental care patients	-	3,346	6,914
Received services from mental health partner agencies	-	-	3,080
Received counseling from Child Life Specialist	-	-	1,942
Received case management for vision and hearing services	-	-	851
Pregnant or parenting girls who received medical or social support services	-	168	286
Received hearing aids or related service	-	60	60
Received, on a sliding fee scale, medical rehabilitation services	-	-	54

* Definitions of youth differ among clinics. SHM and Volunteer use the range 0 to 18; El Buen, LSCC, People's, and RRHC use the range 0 to 19; CWC uses 0 to 21.

- Not applicable or not consistently tracked

Collaborations and Community-Based Health Research

As part of its mission, the St. David's Community Health Foundation researches innovative solutions to health-care issues. It also participates in community-wide collaborations that strengthen the nonprofit sector and promote improved health and service delivery.

In 2007, the Foundation supported eight collaborations with funding or staff expertise and funding. Some of the collaborations involve health-related research and policy. All of the collaborations have the goal of increasing access to care and improving care among the uninsured or disadvantaged.

- Centex System Support Services, an Electronic Medical Records project, will improve quality of care. Shared Electronic Medical Records and Practice Management Systems will allow patient records to be shared between providers thereby enhancing continuity of care and increasing cost efficiencies.
- The HCA Hope Fund is a community-based grant program which helps families in need of temporary assistance due to illness, injury, or natural disaster. The organization is structured to respond quickly to verified need, and every dollar contributed goes directly to funding services.
- Health Alliance for Austin Musicians provides critical health-care services to Austin's musicians with limited access to care.
- ImmTech Strategies consists of multiple initiatives that focus on improving immunization rates in Central Texas.

- The Indigent Care Collaboration is an alliance of health-care safety-net providers that work together to provide quality care to the region's medically indigent. The collaboration manages a dataset that brings together data from hospitals and clinics in Central Texas.
- The *Lifting Teen Families* summit and publication focused on the best practices intended to improve the lives of pregnant and parenting teens.
- Medical Assistance through Community Healthcare (MATCH) is a pilot program that grew out of research done at the LBJ School. Its mission is to create matches to primary health care for the medically indigent through community case management.
- The RGK Center for Philanthropy and Community Service, University of Texas led a strategic management retreat for 30 nonprofit organizations.

Two SDCHF initiatives are undergoing rigorous program evaluation. Dr. Toni Watt is evaluating the Integrated Behavioral Health Models at People's Community Clinic and Lone Star Circle of Care-Georgetown Clinic. Dr. Tate Erlinger is evaluating the MATCH program.

Education and Developing the Health-Related Workforce

Texas State University School of Nursing

St. David's is dedicated to solving the nursing shortage in Central Texas, a shortage that affects all healthcare providers in the region. The Foundation awarded **\$6 million dollars** (to be paid over six years) to Texas State University to create the St. David's School of Nursing. The University will ensure a fair sharing of nursing students among health-care facilities in the region.

W. Neal Kocurek Scholarship Fund

St. David's Community Health Foundation established a scholarship program in 2005 to honor the Foundation's late president and CEO, W. Neal Kocurek. Graduating seniors from Austin Independent School District who pursue a degree in a health-care discipline at a Texas college or university are eligible to apply. The scholarships range from \$2,000 to \$4,000 a year for up to four years.

Eight new scholarships were awarded in 2007. During the year, the Foundation supported 22 scholars with a total of **\$63,000**.

Sponsorships

In 2007, the St. David's Community Health Foundation donated funds in memoriam or honorarium of community volunteers and leaders and sponsored several events of nonprofit organizations. There were 40 sponsorships totaling **\$132,113** in 2007. The average sponsorship was \$3,301. Median was \$2,500.